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Dr. Monica Sesma-Vasquez (she/ella) is a bilingual (Spanish/English) accented Mexican-Mestiza immigrant cisgender woman, originally from Mexico City, has been living in Mokhinistsis (Calgary) for 10 years in the traditional territory of the Blackfoot Confederacy, Treaty 7 and Métis Nation Region 3. Monica brings over 25 years of relational, anti-oppressive, decolonizing, and culturally relevant clinical, educational, and research practices focusing on social interactional patterns and dynamics that impact peoples' mentalhealth and wellbeing.

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